

YOUTH WITH COMPLEX NEEDS: TRANSITION TO ADULTHOOD PLANS

A team of researchers at the University of California at San Francisco (UCSF) is conducting a study about teenagers and young adults with chronic health and developmental conditions or disabilities and the transition to adulthood. Information gathered in this study will be used to help plan programs and services for young people and their families in the future.

You are eligible for this study if you are a family with a youth or young adult, between the ages of 14 and 25, who needs ongoing skilled health care and is developmentally delayed or disabled. The study will use interviews and observations to collect information. We are particularly interested in how families work with schools and health care providers.

This study will include 2 interviews at your home with parents, an interview with the youth, if they can speak, interviews with the primary health care provider and educator of the youth, and an observation of the Individual Education Planning Meeting (IEP) for participants who are still in school. Youth and young adults who are not verbal will still be able to participate in observations at home and the IEP (if they are still in school), and can participate in e-mails, if they use a computer.

Participating parents will receive a small payment for each interview and the IEP (\$100 total), and the youth will receive a small payment for the interview of home visit (\$25).

You can contact the project director, Lucy Fisher, RN, PhD at (415) 476-4659; e-mail Lucy.fisher@ucsf.edu or the study's director, Roberta Rehm, RN, PhD at (415) 502-6762 or (415) 823-3642; e-mail Roberta.rehm@ucsf.edu. Or, if you fill in the [online permission to contact form](#) and e-mail, we will call you to explain the study in more detail.